

Grapevine High School

Cheer Tryout Information

2026-2027

Parent Information Meeting - Mandatory – February 10th at 7:00 p.m. in the GHS Lecture Hall

The Spirit Program at Grapevine High School consists of 3 teams:

Varsity Cheer	Grades 11-12
JV Cheer	Grades 9-12
Spirit Rustlers	Grades 11-12 (Rustlers will have a separate tryout process in April)

Tryout Overview

Event	Date	Time	Location
Parent Meeting	Tuesday, February 10	7:00	GHS Lecture Hall
Paperwork Due	Friday, February 20	4:15 pm	GHS Front Office
Tumbling Certification (Varsity and JV)	Must pass one: Wednesday, Feb 18 Wednesday, March 4	4:00 pm	GHS Cheer Gym
Eligible Candidates Posted	Wednesday, March 4	By 8:00 pm	grapevinecheer.com
Tryout Clinics	Monday-Wednesday, March 9th-11th	4:30-6:00 pm	GHS Cheer Gym
Tryouts	Thursday, March 12th	4:15 pm	GHS Cheer Gym
Results Posted	Thursday, March 12th	By 9:00 pm	grapevinecheer.com

The purpose of the Tumbling Certification is to provide an evaluation that the candidate can be called upon to perform the minimum tumbling skills safely throughout the year. SAFETY IS GCISD's CONCERN. Demonstration of tumbling skills during the Tumbling Certification process shall in no way lessen the need to demonstrate tumbling skills within the tryout process.

All JV and Varsity candidates will be required to show proficiency and safety on the following list of tumbling criteria:

JV: Standing Back-handspring
Running Round-off back tuck

Varsity: Standing Back tuck **OR** standing back-handspring(s) back tuck
Toe Touch Back-handspring
Running Round-off back-handspring back tuck