

# Grapevine High School Cheer Tryout Information 2024-2025

Parent Information Meeting - Mandatory – February 5th at 6:30 p.m. in the GHS Lecture Hall

**The Spirit Program at Grapevine High School consists of 3 teams:**

**Varsity Cheer**                   **Grades 11-12**  
**JV Cheer**                       **Grades 9-12**  
**Spirit Rustlers**               **Grades 11-12 (Rustlers will have a separate tryout process in April)**

## Tryout Overview

Event	Date	Time	Location
Parent Meeting	Monday, February 5	6:30	GHS Lecture Hall
Paperwork Due	Monday, February 12	4:15 pm	GHS Front Office, Reception
Tumbling Certification (Varsity and JV)	Must pass one: Wednesday, Feb 7 Wednesday, Feb 28	4:00 pm	GHS Cheer Gym
Eligible Candidates Posted	Friday, March 1	By 8:00 pm	grapevinecheer.com
Tryout Clinics	Monday-Wednesday, March 4th-6th	4:30-6:00 pm	GHS Cheer Gym
Tryouts	Thursday, March 7	4:15 pm	GHS Cheer Gym
Results Posted	Thursday, March 7	By 10:30 pm	grapevinecheer.com

The purpose of the Tumbling Certification is to provide an evaluation that the candidate can be called upon to perform the minimum tumbling skills safely throughout the year. SAFETY IS GCISD's CONCERN. Demonstration of tumbling skills during the Tumbling Certification process shall in no way lessen the need to demonstrate tumbling skills within the tryout process.

All JV and Varsity candidates will be required to show proficiency and safety on the following list of tumbling criteria:

JV:                   Standing Back-handspring  
                       Running Round-off back tuck

Varsity:           Standing Back tuck **OR** standing back-handspring back tuck  
                       Toe Touch Back-handspring  
                       Running Round-off back-handspring back tuck